

COMING SOON



Confidentiality is Important to Us.

food revolution

The application used to apply for free and reduced meals has a section to allow you to share this information for the purpose of fee reduction for items like musical instruments and transportation. Please be sure to check the box for each category you want your child(ren)'s information released. We will then forward that release to the proper department(s) for the purpose of fee waivers. We will not share your name or lunch status without your consent on the application.

mon

tues

wed

thurs

fri

LUNCH

TRAY

getlunchtray.com

Super Power Veggie of the Week: **Cherry Tomatoes**

<ul style="list-style-type: none"> • Chicken & Waffles • or Cottage Cheese, Fruit and Muffin • or Yogurt and Cheese Stick with Breadstick • Green Beans with Bacon • Mixed Fruit • Corn • Peach Cup 	<ul style="list-style-type: none"> • Sloppy Joe on a Bun • or Italian Hoagie • or Yogurt and Cheese Stick with Dinner Roll • Baked Beans • Pears • Chocolate Chip Cookie 	<ul style="list-style-type: none"> • Pizza Hut Pizza • or Southwest Chicken Wrap • or Yogurt and Cheese Stick with Pretzel Bites • Baby Carrots • Strawberries 	<ul style="list-style-type: none"> • Homemade Pig in a Blanket • or Chicken Salad Croissant • or Yogurt and Cheese Stick with Breadstick • Corn • Peaches 	<ul style="list-style-type: none"> • Mozzarella Cheese Sticks with Pizza Sauce • or Turkey BLT • or Yogurt and Cheese Stick with Dinner Roll • Green Garden Salad • Applesauce
------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Super Power Veggie of the Week: **Cauliflower and Carrots**

<ul style="list-style-type: none"> • Warm Pepperoni and Cheese Sandwich • or Sunshine Chicken Salad with Pretzel Bites • or Yogurt and Cheese Stick with Pretzel Bites • Broccoli • Pears 	<ul style="list-style-type: none"> • Chicken Fried Steak with Clabatta Roll • or Southwest Chicken Salad with Clabatta Roll • or Yogurt and Cheese Stick with Clabatta Roll • Mashed Potatoes and Gravy • Peaches 	<ul style="list-style-type: none"> • Chicken Enchilada Casserole with Crunchy Frito Topping • or Roast Beef Sandwich with Breadstick • Refried Beans • Strawberry Cup 	<ul style="list-style-type: none"> • St. Patrick's Day Corned Beef and Cabbage with Dinner Roll • or Crispy Chicken Salad with Dinner Roll • or Yogurt and Cheese Stick with Dinner Roll • Pears • Mixed Fruit • Shamrock Cookie 	<ul style="list-style-type: none"> • Colby Cheese Omelette • or Chef Salad • or Yogurt and Cheese Stick • Sweet Potato Tots • Mandarin Oranges • Long John
----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Super Power Veggie of the Week: **Baby Carrots**

<ul style="list-style-type: none"> • Teriyaki Chicken over Rice • or Salami, Cheese, Crackers and Nutri Grain Bar • or Yogurt and Cheese Stick with Pretzel Bites • Asian Vegetables • Pineapple 	<ul style="list-style-type: none"> • Tot-Chos with Beef and Cheese • or Turkey Custer • or Yogurt and Cheese Stick • Tater Tots • Applesauce Cup • Cookie 	<ul style="list-style-type: none"> • Pizza Hut Pizza • or Antipasto Pasta Salad • or Yogurt and Cheese Stick with Breadstick • Green Garden Salad • Peach Cup 	<ul style="list-style-type: none"> • Crispy Chicken Filet on a Bun • or Beef Taco Salad with Dinner Roll • or Yogurt and Cheese Stick with Dinner Roll • Roasted Cauliflower • Pear Crisp 	<ul style="list-style-type: none"> • Fish Taco • or Buffalo Chicken Wrap • or Yogurt and Cheese Stick with Clabatta Roll • Black Beans • Tropical Fruit
-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Super Power Veggie of the Week: **Beets** — March 28th through April 1st: **Westside Schools Spring Break** —

<ul style="list-style-type: none"> • Chicken Nuggets with Dinner Roll • or Yogurt and Cheese Stick with Dinner Roll • Peas & Carrots • Mixed Fruit • Sugar Cookie 	<ul style="list-style-type: none"> • Spaghetti and Meat Sauce with Breadstick • or Yogurt and Cheese Stick with Breadstick • Green Garden Salad • Apple Wedges 	<ul style="list-style-type: none"> • Corn Dog • or Yogurt and Cheese Stick with Pretzel Bites • Baked Beans • Pears 	<ul style="list-style-type: none"> • Chicken and Gravy over Mashed Potatoes with Dinner Roll • or Yogurt and Cheese Stick with Dinner Roll • Mashed Potatoes and Gravy • Orange Wedges 	<ul style="list-style-type: none"> • April Fools Day Beef and Cheese Nachos • or Yogurt and Cheese Stick with Breadstick • Cherry Tomatoes • Peaches
--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Give parents the meal and nutrition information for the most important person in their lives.

8 oz. nonfat flavored or 1% unflavored milk served daily. Menus subject to change. Denotes PORK in main entrée. (When ham is not designated as pork, it is a turkey product.) Denotes BEEF in product. Denotes NUTS in main entrée. USDA is an equal opportunity provider and employer.