

Step #2: Progress in Reaching LSWP Goals Template

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
USDA wellness policy goals outline that 3 goals must be included, 1) nutrition goal, 2) physical activity goal, and 3) other student wellness goal, additional goals are <u>optional</u>			
1. Nutrition Education Goal(s)- record goal -OR- Nutrition Promotion Goal(s)- record goal	Yes	Students receive a balanced breakfast and lunch from Westside schools daily. Students also learn about the importance of healthy food options in weekly Health classes. Additionally, students in grades 2-8 work with community partners to create portions of a healthy meal that includes fruits, vegetables, or whole grains with a demonstrated understanding of healthy food choices.	No More Empty Pots Westside Lunch Menu
2. Physical Activity Goal(s)- record goal	Yes	Our school has implemented student and staff physical activities to include but not limited to field days, recess, and physical fitness goals via classroom health activities.	2024 Field Day Stretch and Grow P.E. classes
3. Other student wellness Goal(s)- record goal, this is often where goals to support SEL and Mental health or staff	Yes	Our school implemented a school wide healthy snack policy that has been presented and implemented with all families and staff.	Smart Snack Poster

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<i>wellness could be included</i>			
Additional Goal(s) <i>Add more rows as needed</i>			

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